ANNUAL REVIEW 2020

Our Front Line Heroes
We work in areas where the conditions are very challenging -- places where child mortality and maternal mortality from preventable causes are very high. Very often, the providers that are making the greatest difference in these places are Catholic Sisters. These women are champions for maternal and child healthcare and are dynamic, enthusiastic forces for change. The partnerships we forge with these women are central to having a significant and lasting impact.

Catholic Sisters do a lot with a little. They are extremely resourceful. They have the trust of the people. They are in it for the long haul and don’t back away when the going gets tough. In many places, they are the only source of basic health services. When evaluating the most efficient use of limited resources to save lives and for getting the highest humanitarian return, it is rare to find more effective partners or a better investment. For all of these reasons and more, we humbly thank them for their tireless efforts, their compassion, and all they do to save lives.
MFH is honored to collaborate with these Congregations of Catholic Women Religious at our project sites around the world.

**Dominican Republic**

**Daughters of Charity**
Quisqueya

**The Grey Sisters of the Immaculate Conception**
Consuelo

**Haiti**

**Daughters of Charity**
Cite Soleil, Sibert

**Little Sisters of Saint Therese**
Aquín, Baradères, Marbila, Marfranc-Jérémie, Rivière Froide, Savanette

**Missionaries of Immaculate Conception**
Chantal, Les Cayes

**Companions of Jesus**
Goyavier

**Daughters of Divine Love (Nigeria)**
La Croix, Port-de-Paix

**Sisters of Saint Francis of Assisi**
Les Cayes, Maniche

**Sisters of Saint Therese from Tanzania**
Boneau, Ile de la Tortue

**Oblate Missionaries of Mary Immaculate**
Chauffard

**Daughters of Charity of Saint Hyacinthe**
St. Louis du Sud

**Daughters of Mary Immaculate Queen**
Roche-à-Bateau

**Cameroon**

**Handmaids of the Holy Child Jesus**
Tarkijah

**Sisters of Saint Therese**
Sabongari

**Tertiary Sisters of Saint Francis**
Ako, Djottin, Ngwah, Njinikom, Nwem, Shisong, Tatum

**Malawi**

**Teresian Sisters:** Bembeke, Benga, Chipchwanya, Chitala, Kaphatenga, Kapire, Malambo, Mtendere, Namandanje, Nambumba, Thavite

**Zambia**

**Sisters of Charity of Ottawa**
Chipangali

**Missionaries of Immaculate Conception**
Chasefu

**Benedictine Sisters**
Chipata

**Sisters of Our Lady of Kilimanjaro**
Lumezi, Petauke

**Sisters of Mercy of Saint Charles Borromeo**
Nyimba

Mesi • Gracias • Merci • Thank You
Dear friends,

This has been a challenging year for all of us. At this writing, the threat from COVID-19 remains omnipresent. At Medicines for Humanity, we continue to work closely with our in-country partners around the world to increase their capacity and resources for saving vulnerable lives and simultaneously help them deal with the pandemic. Their devotion and commitment to providing life-saving health services does not waiver and they continue to put themselves at risk for the greater good. This Annual Review is dedicated to them -- the many Congregations of Catholic Women Religious who collaborate with us and form the delivery system for the critically needed health services we provide.

Our resolution to eradicate child mortality from preventable illnesses has never been stronger because the need is even greater. Our impact is being felt in new ways and we are reaching millions more people than we have been able to in the past. In the face of adversity, our organization is growing and so is our commitment. Thank you for your continuing support and for caring about vulnerable lives around the globe.

From our families to yours, please stay safe,

Margaret Brawley, President & CEO
MFH has been operating around the globe for more than two decades. We have worked in more than 16 countries over that time and currently focus our efforts in the 8 countries you see listed here. We tend to go where others will not; remote, isolated regions, sometimes with conflict or difficult political situations.
What Makes MFH Unique

MFH is committed to stepping up for humanity. We **REACH** vulnerable children and their mothers in five very distinct ways.

**R** RESOURC**E**FUL

We are **RESOURC**E**FUL** and produce results pragmatically and effectively. **EMPOWERING** frontline community workers through structured capacity building efforts is another key. We are **AUDACIOUS**. We employ bold, innovative solutions in challenging environments. We are **COLLABORATIVE** with not only our partners, but also with communities and beneficiaries. These relationships are structured on transparency and equal power dynamics, as well as working for the common good. We develop **HOLISTIC**, integrated solutions that are sustainable by first recognizing and understanding the complex and interactive forces within each community environment.
We produce results, pragmatically, effectively, and efficiently.

$2.3$ Million = $1.3$ Million

88 cents OF EVERY DOLLAR RAISED IS SPENT ON THE GROUND

CRITICALLY NEEDED SERVICES
COMMUNITY HEALTH EDUCATION HIGHLIGHTS

CAMEROON

- MFH trained over 240 Community Health Workers across 12 sites to provide critically needed health services to more than 168,000 people.

In addition to visiting households, they tracked and visited community members who were forced to flee their homes due to the ongoing political crisis and related violence. Our CHWs, armed with the knowledge and skills needed, deliver babies in forests, provide traumatized people with counseling, and support parents to transport sick children to clinics when the health issue is significant and dangerous. For many families trying to survive this conflict – whether hiding in the forests or hiding in their own homes – our CHWs are the only option for healthcare and other needs.

HAITI

- Community Health Workers (CHWs) in Riviere Froide and Grand Boulage were equipped with RadG meters to detect pneumonia symptoms during home visits and provide targeted education on treating and preventing respiratory illnesses.

- In Grand Boulage, MFH provided refresher training for the 6 existing Community Health Workers and trained 6 new ones. These 12 CHWs serve a population of approximately 10,000 people and make an average of 1,400 home visits per month.

- Community Health Workers in Riviere Froide established and facilitated new support groups for mothers. These groups meet regularly to provide essential health education and peer support around issues of child-raising, economic empowerment, and more.

PEOPLE RECEIVED HEALTH SERVICES

240 COMMUNITY HEALTH WORKERS  x 12 PROJECT SITES = 168,000 PEOPLE RECEIVED HEALTH SERVICES

740 MOTHERS OF YOUNG CHILDREN RECEIVED HEALTH EDUCATION
Community Health Education Highlights

MALAWI

• MFH trained 236 community volunteers to promote nutrition, hygiene and sanitation to households with pregnant women, lactating mothers or children under 5. These Care Group members are now reaching 26,500 people.

\[
\begin{align*}
\text{CARE GROUP MEMBERS TRAINED} & = 236 \\
\text{PEOPLE REACHED} & = 26,500
\end{align*}
\]

ZAMBIA

• MFH trained more than 91 Community Health Workers who made more than 34,000 home visits last year.

\[
\begin{align*}
\text{COMMUNITY HEALTH WORKERS TRAINED} & = 91+ \\
\text{HOME VISITS} & = 34,000+
\end{align*}
\]
CAMEROON

- Government and private health facilities were closed in conflict regions, but the 12 facilities supported by MFH remain in operation, providing essential, needed health services for many vulnerable people.

31,000+
SERVICES PROVIDED TO INTERNALLY DISPLACED PEOPLE
DOMINICAN REPUBLIC

- Community Health Workers operating small pharmacies in the bateyes around Quisqueya treated symptoms of the coronavirus with medications supplied by MFH.

- The Quisqueya mobile clinic continued to provide services for women and children. The team made a significant effort to provide care during the pandemic and reduce the spread of infection.

MALAWI

- Comprehensive equipment and supplies have been provided to the Chipwayana Health Centre, where all key health facility staff have been trained on Integrated Management of Childhood Illness (IMCI).

<table>
<thead>
<tr>
<th>Increase</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Antenatal Care</td>
<td>+24%</td>
</tr>
<tr>
<td>Postnatal Care</td>
<td>+21%</td>
</tr>
<tr>
<td>Child Deaths</td>
<td>-25%</td>
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ZAMBIA

• Following an extremely successful pilot project in Muzeyi, maternal and child health project activities have been scaled out to three additional sites.

4 SITES = 98,000 PEOPLE SERVED

-24% FEWER LOW BIRTH WEIGHT BABIES
-50% FEWER CHILD DEATHS
0% WOMEN DYING GIVING BIRTH
HAITI

- The Grand Boulage clinic is one of the only health centers available in this rural community, located about 18 miles northwest of Port-au-Prince.

- Cité Soleil and Sibert clinics continue to provide services to children under 5 and their mothers in these impoverished communities.

3,400 CONSULTATIONS

62,800 CONSULTATIONS
HAITI

- The MFH USAID Harvest Lentil Pro food distribution project increased household nutrition in Haiti.

10,000+
PEOPLE REACHED

- MFH completed the USAID food distribution project that provided Enov’Nutributter to prevent malnutrition.

12,700+
CHILDREN 6 MONTHS TO 24 MONTHS REACHED
DOMINICAN REPUBLIC

• The Elias Piña nutrition program provides nutrition education and prenatal supplements to pregnant women to prevent anemia and low birthweight.

1,000+
PREGNANT WOMEN REACHED

KENYA

• To support the Lea Toto Community Outreach Program that is part of the Nyumbani Children’s Home, Kenya’s largest facility for HIV+ orphans and abandoned children, MFH provided refresher training on nutrition to Community Health Workers along with food and nutrition supplements for distribution.

3,900
HIV/AIDS AFFECTED CHILDREN REACHED
**Capacity Building Highlights**

**2020**

**CAMEROON**

- MFH distributed first-aid kits and trained health personnel to provide critically needed healthcare services to internally displaced persons. This training included psychosocial and trauma support for people who had fled their homes because of the political crisis and violence.

**26**

HEALTH PERSONNEL TRAINED

**MALAWI**

- MFH began working with a clinic in Chiphwanya and provided training in Integrated Management of Childhood Illness (IMCI) to bring the staff up-to-date on prevention and treatment practices.

**14**

HEALTH FACILITY STAFF TRAINED

**18,700**

SERVICES TO PEOPLE IN NEED
HAITI

• MFH Haiti staff trained 30 clinic staff and CHWs on Rad67 meters to quickly identify anemia, and RadG meters to identify pneumonia in young children and pregnant women. These meters are being used in clinics and communities in 4 target areas of Haiti: Riviere Froide, Grand Boulage, Aquin, and Chantal.
It was widely anticipated that COVID-19 would produce crisis-level catastrophes in developing countries, but these places were ignored by many wealthy nations struggling with their own battles against the virus. There were warnings that communities without the advantages of an advanced economy, financial backing, a strong public health system, basic hygiene and handwashing stations, enough hospital beds, ventilators and other essentials, could be decimated by this pandemic.

Medicines for Humanity took immediate steps to prepare and support its project partners and their communities to combat the virus in seven developing countries: Cameroon, Dominican Republic, Haiti, Kenya, Malawi, Sudan, and in Zambia where radio stations carried our COVID-related health messaging.
MFH prioritized the purchase and distribution of an initial quantity of medical equipment, supplies and medications to each of our project sites.

We also rapidly developed and produced health education materials for local communities utilizing simplified critical messaging and urgent calls to action in English, French, Spanish, Creole and Arabic.

These included posters, a family leaflet and a comprehensive COVID-19 self-learning training manual for providers and Community Health Workers (CHWs) using WHO guidelines.

The curriculum is one of the only simplified, basic resources available for community level clinics.

We produced a straightforward and engaging animated video to teach children and adults about COVID-19.

We created teaching aids in several languages for clinic staff and community health workers to encourage proper mask use and care.

All of these resources have been archived on the COVID-19 landing page on the MFH web site and are being used freely by other partners around the globe.
Medicines for Humanity is a 501(c)(3) non-profit organization, headquartered in the United States.

Medicines for Humanity has earned a Platinum Seal of Transparency rating from GuideStar, a world renowned and trusted source of non-profit information. This designation underscores Medicines for Humanity’s commitment to providing donors and funders accurate and relevant information to assist in evaluating the organization’s performance and potential.